



## 2020 Vision

Imagine that today is the last day of 2020. You've just had the most amazing year of your life! **As you look back on the year 2020, what will you be celebrating?** Write in the present and/or past tense, from the perspective of December 31, 2020, as if you have already achieved these things or have these things today. Don't let "reality" hold you back. Pretend you've got a magic wand, and anything is possible.

### December 31, 2020 Retrospective

What did I accomplish in 2020 in my career?

What did financial success look like for me in 2020?

What is true at the close of 2020 about my relationships with my mate, my kids, other family members and friends?

What has changed in 2020 with regard to the physical space where I live and/or work?

What positive outcomes did I create in 2020 for my physical health?

What were the highlights for me in 2020 in terms of fun and recreation?



### **Name the Impact**

Now read back over your answers on the previous page and notice what is calling your attention. Which sections make you feel energized and excited? Which would make the biggest impact? Choose one section to dig into more deeply.

Summarize your vision for this area of your life. Then consider this question. "If I made this my reality in 2020, what would be different for me?" Do not skip this important step! Even if the answer seems obvious, write it down.

#### **My Vision**

Summarize one section from the retrospective exercise above

#### **Impact**

If I made this my reality in 2020, what would be different for me?

### **Bridges and Blockers**

As you imagine making your vision a reality, consider what opportunities are available to help you get there. What is it that you know you need to do so you can reach your goal? What is the bridge that will take you closer to your vision?

#### **Bridges**

Next, consider what blockers are in your path toward reaching your goal. What is standing between you and making your vision a reality? What needs to be cleared out of your way?

#### **Blockers**



## **Set Your Course**

Use this space to bring it all together.

1. State your vision as a goal.
2. What specific action steps do you need to take? If you don't know all the steps right now, that's okay. What are the first steps you will take?
3. What might derail you along the way and how will you rebound?
4. What are the key dates for your timeline?
5. How will you keep your focus on this plan?
6. Who will help hold you accountable to your commitments?
7. How will you celebrate when you reach your goal?

### **My Goal**

### **Action Steps**

### **Possible Derailers and Rebound Plan**

### **Key Dates and Timeline**

### **Holding Focus**

### **Holding Accountability**

### **Celebration**

Repeat the steps on pages two and three (Name the Impact, Bridges and Blockers and Set Your Course) for other areas of your life that energize you from page one (December 31, 2020 Retrospective).